



FOR IMMEDIATE RELEASE

A Two Term Commitment and Promise of Prosperity for Ward 18, Cowan Enters Alta Vista Race

OTTAWA, September 4, 2014 - Today, Clinton Cowan announces his run for councillor for Alta Vista Ward (Ward 18). He is excited about the opportunity to bring a Fresh Start to his community. Cowan said "It's time for Alta Vista to share in the prosperity of the City. A lot is happening in Ottawa and Alta Vista is left out."

A father of three, husband and resident of the ward, Cowan wants to bring Alta Vista into the 21st century with improved transportation options, stronger community centres, and safer neighbourhoods. Having the experience of running in 2010, Cowan knows the reality of being part of 24 person City Hall and aspires to working with the Mayor and other councillors to bring its fair share to Alta Vista.

Cowan is a proven community leader serving as Vice-President of the South-East Ottawa Community Health Centre as well as a number of other community focused groups but vows not to be a career politician and pledges to a two term limit if entrusted with serving as ward councillor. "Even the best intended person grows to find other challenges that takes away from the needs of the community. If elected, I want to focus all my energy representing the residents of Alta Vista."

Until election day, Cowan and his team will focus on meeting the voters and earning their support. For more information on Clinton Cowan, visit his website at <http://www.clintoncowan.ca> or contact him directly here:

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About Clinton Cowan

Clinton Cowan is a labour relations consultant specializing in dispute resolution and conflict avoidance practices and building lasting solutions for complex issues. He serves as a Vice-President of the South-East Ottawa Community Health Centre and former Chair of its Community Relations Committee working to raise the profile of its programs and services which serve emerging and ongoing health concerns in our ward. Cowan has served as a director of the Alta Vista Community Association for several years championing for infrastructure improvements throughout the ward including parks, traffic calming and zoning issues. He continues to work with Business Improvement Area leaders and numerous Community Associations across the city, advising them on how to utilize our current city policies and programs help all citizen to best serve their interest. He is also developing the framework for the creation of a Neighbourhood Knowledge Network, which will help community groups in Ottawa gain strength in their ability resolve and advocate issues.